



# A QUICK CALL CAN SAVE YOU \$250 A YEAR!

Tria Health is a **Free** and **Confidential** benefit available through your Quorum Health medical plan.

A Tria Health pharmacist will make sure your medications are working as intended and that you're on the right medications. They can support you by creating a care plan that is specific to your needs and share it with your doctor.

**You Should Participate in Tria Health If...**

You have the following conditions and/or take multiple medications:

- Diabetes
- Heart Disease
- High Cholesterol
- High Blood Pressure
- Specialty Medications
- Pain
- Mental Health
- Osteoporosis
- Asthma/COPD
- Migraines

**GET A \$50 GIFT CARD**



**SAVE MONEY**

By completing your consultation over the phone, you will receive a **\$50 Tria Health gift card**.

\*Members can qualify to receive up to \$100 within a 12-month period.



**GET ANSWERS**

Haven't had an in-depth chat with your doctor about your medications? Get a quick review with your Tria pharmacist.



**FEEL BETTER**

You're doing everything right, but you still don't feel great? Let's see if there are any opportunities for improvement.

## Schedule an Appointment Today!

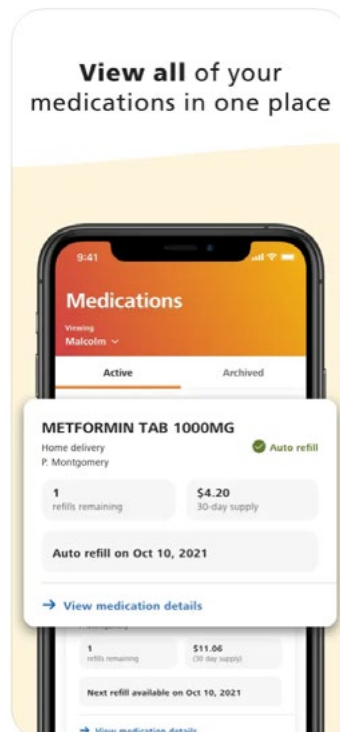
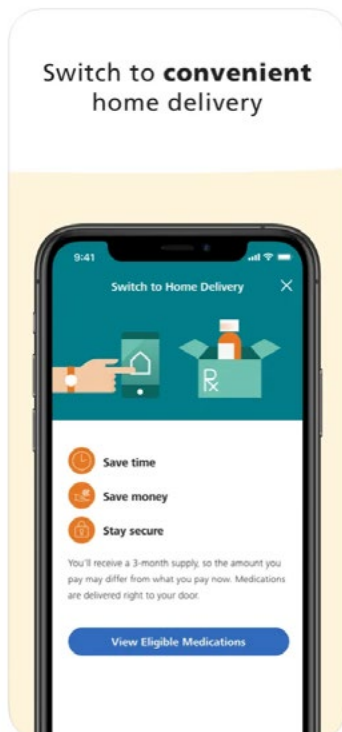
888-799-8742 | 913-322-8456  
[triahealth.com](http://triahealth.com)  
[info@triahealth.com](mailto:info@triahealth.com)

### Did you know?



The OptumRX app makes the online pharmacy experience as simple as possible.

- Search drug prices at multiple pharmacies
- Locate a network pharmacy
- Manage medication reminders
- Manage home deliveries
- Refill a prescription



Download the app now from the Apple® App Store or Google Play®

